TRAILS Independent Living Center Inclusive Recreation

Total Recreation And Independent Living Services

Activities this week
Nov. 30-Dec. 7
TRAILS
235-7911
http://www.peninsulailc.org/TRAILS-Activities

INDEPENDENT LIVING CENTER
265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY! Find the latest TRAILS calendar at peninsulailc.org/TRAILS-Activities

The **NUTCRACKER** is coming!! Performances are Dec. 7 @ 3:30 and 7:30, Dec. 8 @ 3:00, Dec 13. @ 7:30, and Dec. 14 @ 3:00—get tickets at Homer Bookstore. **Nutcracker Faire** is Dec. 7 and 8 (see below). Thanks to Coastal Studies' and Homer Council on the Arts' generosity, **TRAILS will take folks to the Nutcracker dress rehearsal on Friday, Dec. 6. Call ASAP if you want to join us!**

Also, remember **Share the Spirit** puts together Christmas food and gift baskets; pick up applications till Dec. 13 at any human service agency that helps you or a household member OR from your church. **Drop off completed applications BEFORE December 13** at Wells Fargo in the Share the Spirit gift-wrapped drop box. For info, call 235-7466.

There are LOTS of activities this week! We couldn't even fit Thriving Thursday's visit to the beautiful Birth Center hand-built by local artists (meet at SVT at 6 pm) or the Dec. 7 Walk with a Doc at SPARC at 9 am—a great chance to walk off some holiday eating!

Activity	*Date, time, location*	*Host, address, contact*
SHOP SMALL Saturday!	**Saturday, Nov. 30, 10:00 am-5:00 pm, FREE** Join the Chamber in promoting Homer's shops; from 10 am, four "Bag Host" locations will each give away 50 tote bags filled with coupons —see locations in next column; bags go really fast, so get there early!	Bag Hosts: Classic Cook (158 W. Pioneer), Homer Jeans (564 E. Pioneer), Sea Lion Art & Lodging (4241 Spit Rd., #3,) Wagon Wheel (1506 Ocean Dr.) Come early to get a bag!
FREE Drop-In Evening Classes at K Bay Campus	**Mondays and Wednesdays until Dec. 11, 5:00-6:30 pm, FREE,** Work toward your GED, improve language skills, get help applying for jobs, and more—KBC can personalize a plan for you!	Kachemak Bay Campus Student Learning Center, Bayview Hall, 533 E. Pioneer (entrance on Heath St.) for more information call 235-1602
Kachemak Bay Research Reserve community meeting	**Wednesday, Dec. 4, noon-3:00 pm, FREE,** Enjoy an update on KBNERR research and education projects and provide feedback; Homer Middle School 8th graders will present on their groundwater research projects; coffee and snacks provided	Homer Middle School Library, 500 Sterling Highway, for more information call 235-1597
TRAILS on trails Challenge —rain or shine	**Wednesday, Dec. 4, 1:30-3:00 pm, FREE,** Join our 3rd trail walk—a moderate walk on beautiful Inspiration Ridge led by Carol, who lives up there; if there's a blizzard, we'll walk in town!	Meet at ILC parking lot, 265 East Pioneer Ave. at 1:30, we'll carpool to the trail; dress for the weather
TRAILS Qi Gong and Tai Chi	**Thursday, Dec. 5, 3:00-4:00 pm, $6 or $3 for Senior Center members,** Join Dean Sundmark in slow, gentle movements to build strength, stamina, balance, and improve joint function & bone density	Homer Senior Center, 3935 Svedlund Street, for more information call Dean at ILC, 235-7911
Annual Christmas Tree Lighting!	**Thursday, Dec. 5, 5:00-7:00 pm, FREE,** Enjoy The Chamber's annual holiday tree lighting; take a photo with Santa Claus ❄ make an ornament to take home ❄ warm up with cocoa & s'mores ❄ listen to carols by Homer High School Swing Choir	Homer Chamber of Commerce, 201 Sterling Highway, for more information call 235-7740
Boomerang Bag Sewing Bee	**Thursdays weekly to Dec. 21, 5:30-7:30 pm, FREE,** Help make Boomerang Bags—upcycled, all-purpose fabric bags; be a cutter, sewer, stamper—no experience needed, all ages welcome	Led by KPC Semester by the Bay student at Center for Alaskan Coastal Studies, 708 Smokey Bay Way, for more info, call 235-6746
TRAILS goes to NUTCRACKER ballet	**Friday, Dec. 6, show starts 7:00 pm, FREE,** Enjoy the delightful Nutcracker dress rehearsal; let us know ASAP if you'd like to join us!	Meet at ILC parking lot at 6:20 pm for a 6:30 departure to the high school
Annual NUTCRACKER FAIRE	**Saturday, & Sunday, Dec. 7 & 8, 11:00 am to 7:30 pm (Sat.), 6:00 pm (Sun), FREE,** Enjoy 100+ artisans offering wonderful locally made arts and crafts, delicious food, and celebratory music	Homer High School, 600 E. Fairview Ave., for more information call