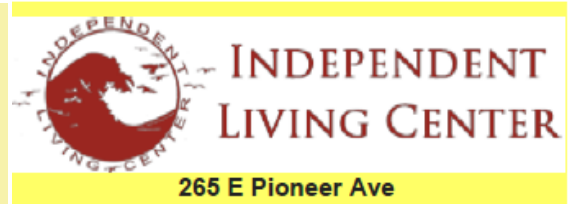


Activities this week  
**October 13-20**  
**TRAILS**  
**235-7911**  
<http://www.peninsulaic.org/TRAILS-Activities>



**TRAILS** calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact **TRAILS!** Recreation is for EveryBODY! And click [here](#) for the latest **ILC newsletter!**

Fun stuff is happening indoors this week—so who cares if it's raining! For example, there's the Transportation Fair tomorrow, two school concerts this week, a virtual visit to Togiak National Wildlife Refuge, and Walk with a Doc—all inside, warm, and dry. In addition, Devony will see if she can dodge the rainstorms on **Wednesday or Friday** to hold an End-of-Season **TRAILS visit with the ponies**. Check your TRAILS emails for updates.

<b>Activity</b>	<b>Date, time, location</b>	<b>Host, address, contact</b>
<b>Homer Transportation Fair with city, borough, state</b>	<b>Saturday, Oct. 13, noon-1:00 pm, FREE</b> Alaska Dept. of Transportation, Kenai Peninsula Borough, & City of Homer invite you to stop by a 1-stop-shop, family-friendly transportation fair; view & discuss designs, updates, & programs related to local roads, trails, and aviation	Hosted by DOT, KPB, and City of Homer; held at Homer Middle School, 500 Sterling Highway; for more info, call Anne Brooks, 272-1877 or click <a href="http://homertranspofair.blogspot.com/">http://homertranspofair.blogspot.com/</a>
<b>Public Skating Kevin Bell Arena</b>	<b>Throughout the week, \$5 admission, \$1 skate rental</b> It's time to dust off your skates and enjoy public skating on the Spit!	Kevin Bell Arena, 3150 Homer Spit Road; for more info, call 235-2647, or click: <a href="http://www.kevinbellarena.org/home">www.kevinbellarena.org/home</a> and check the calendar
<b>Homer HIGH SCHOOL Fall CONCERT</b>	<b>Monday, Oct. 15, 7:00-8:30 pm, general \$5, seniors \$3</b> , Enjoy the Fall Concert presented by Homer High School choir and bands	Mariner Theater, 600 E. Fairview; for more information, call 235-4607
<b>Virtual Visit to Togiak Cape</b>	<b>Tuesday, October 16, 5:00-6:00 pm, FREE</b> Susanna Henry, Togiak National Wildlife Refuge, leads a virtual tour of stunning Cape Pierce—playground of walrus, puffins, and other wildlife	Islands and Ocean Visitor Center, 95 Sterling Highway; for more information, call 235-6961
<b>Homer MIDDLE SCHOOL Fall CONCERT</b>	<b>Tuesday, October 16, 7:00-8:00 pm, FREE or donation</b> , Enjoy the Fall concert by Homer Middle School students; donations help buy new music, repair or replace instruments and music, maintain uniforms, and meet other needs	Mariner Theater, 600 E. Fairview; for more information, call 235-4607
<b>Dinner Support Group – dealing with domestic violence</b>	<b>Wednesday, weekly till Nov. 21, 6:00-8:00 pm, FREE</b> Join a casual, confidential group for dinner and a focus on support for survivors of domestic violence and sexual assault; dinner provided and childcare available; transportation within Homer available; agency staff present	Haven House, 3776 Lake Street; for more info, call 235-7712 or click on <a href="mailto:admin@havenhousealaska.org">admin@havenhousealaska.org</a>
<b>TRAILS Qi Gong and Tai Chi</b>	<b>Thursdays weekly, 3:00-4:00 pm, \$3-\$6 depending on Senior Center membership</b> Join Dean Sundmark as he guides participants through slow, gentle movements that build strength and stamina while improving joint function, balance, and bone density	Homer Senior Center, 3935 Svedlund Street; for more info, call Dean, 235-7911
<b>Thriving Thursdays Smart Shopping</b>	<b>Thursday, Oct. 18, 6:00-8:00 pm, FREE</b> Sharon Bond leads a field trip to Save U More to share the ins and outs of shopping for healthy, anti-inflammatory foods on the Paleo diet	SVT Wellness Center, 880 East End Rd.; for more information, call 226-2228
<b>1-yr Walkiversary for Walk with a Doc</b>	<b>Saturday, Oct. 20, 9:00-10:00 am, FREE</b> Join Dr. Downey, MD, IFMCP, to celebrate 1 yr of Walk with a Doc; Dr. Downey will talk about insulin resistance, then walk and chat; free blood pressure screenings and refreshments	SPARC building, 600 Sterling Hwy, (next to Homer Middle School); for more info, call 235-0970 or click <a href="https://www.sphosp.org/">https://www.sphosp.org/</a>
<b>Candidate Forum—Paul Seaton and Sarah Vance</b>	<b>Saturday, Oct. 20, 4:00-5:30 pm, FREE</b> Paul Seaton and Sarah Vance participate in a Candidate Forum for House District 31	Homer Public Library, 500 Hazel Ave.; for more information, call -235-3180