



Total
Recreation
And
Independent
Living
Services

Activities this week
Nov 25 to Dec 2
TRAILS
235-7911
<http://www.peninsulaic.org/TRAILS-Activities>



**INDEPENDENT
LIVING CENTER**

265 E Pioneer Ave

Oh my goodness! This week's calendar ends in December! And you know what that means: the Nutcracker. Check out the huge variety of activities highlighted earlier in the week leading to the Nutcracker Fair next weekend.

Activity	Date, time, location	Host, address, contact
PAINT with a NATURALIST	Saturday, Nov 25, 1:00-2:00 pm, FREE A fun activity for ANYONE at I&O: connect with nature via paint! All materials provided; recommended for ages 7 and up.	Alaska Islands and Ocean Visitor Center, 95 Sterling Hwy., for more info, call 235-6546
Alice's Champagne Palace benefit for Yvonne and Russ	Saturday, Nov 25, starting at 8 pm, FREE Yvonne was recently paralyzed, so her friends and community will hold a benefit for her and Russ. Silent auction starts at 8 pm, then enjoy local reggae band Uplift at 9 pm	Alice's Champagne Palace, 195 E. Pioneer Ave.; you can drop off silent auction donations earlier in the day; info: jeannine@salmonfestalaska.org
Kevin Bell Ice Arena Public Skating	All week, After-school and Public skate call for schedule, \$5; skate rental \$1	Kevin Bell Ice Arena, 3150 Homer Spit Road; for info, call 235-2647
Lunch with a City Council Member	Monday, Nov 27, noon to 1:00 pm, Bring your lunch to the library and chat with Council Member Tom Stroozas—a great way to share your interests, ideas, and concerns	Homer Public Library, 500 Hazel Ave., for info, call 235-3180
Knitting Circle	Monday weekly, 1:30-4:30 pm, FREE All levels knit together at Homer Public Library	Homer Public Library, 500 Hazel Ave., for info, call 235-3180
after-school E.C.O. Kids or Backyard	Mondays, Wednesdays, Fridays to Dec 20, 2:30-5:30 pm, \$18/day, \$45/week; a fun, safe after-school place for kids at CACS	Center for Alaskan Coastal Studies (CACS), 708 Smokey Bay Way, for info, call 235-6746
Library BOOK CLUB	Tuesday, Nov 28, 4:30-6:30 pm, FREE The book for this month's conversation is <i>The One in a Million Boy</i> by Monica Wood	Homer Public Library, 500 Hazel Ave., for info, call 235-3180
Sustainable Movement with Cathy Stingley	Wednesday, Nov 29, 10:30-11:45 am, Gentle movement at HCOA; \$20 drop ins, scholarships available for TRAILS participants	Homer Council on the Arts, 355 W. Pioneer Ave., scholarships available; for info, call 235-4288
TRAILS Bowling at Kachemak Bowl	Wednesday weekly, starts at 3:00 pm, \$4.25 per game, shoe rental free for TRAILS	Kachemak Bowl, 672 East End Rd. (next to Boss Hogz); TRAILS folks—please sign TRAILS sign-in sheet
Exploring Our Roots—conversation and potluck	Wednesday, 5:30-7:00 pm, FREE In conjunction with Lynn Naden's and the Mail Art Show, join a conversation and potluck about our diverse local ROOTS	Pratt Museum, 3779 Bartlett St., for more info, call 235-8635
TRAILS Qi Gong and Tai Chi	Thursday weekly, 3:00-4:00 pm, \$3-\$6 depending on Senior Center membership	Homer Senior Center, 3935 Svedlund St., for info, call Dean, 235-7911
SHUT UP and WRITE	Thursday weekly, 5:00-8:00 pm, FREE Join writers upstairs at Alice's Champagne Palace to write in the company of others	Alice's Champagne Palace; for info, call 907-435-7969
SVT THRIVING THURSDAYS—TRAVEL HEALTHY	Thursday Nov 30, 6:00-8:00 pm, FREE SVT Thriving Thursdays: Dr. Gear will share tips for staying well on airplanes, car rides, and other travel—both in the US and abroad	SVT Wellness Center, 880 East End Rd., for info, call 226-2228
FIRST FRIDAY at the Art Galleries	Friday, Dec 1, begins at 5:00 pm, FREE Stroll the galleries to see new artwork displays	Local galleries, including Bunnell, Pratt, Homer Council on the Arts, Ptarmigan Arts, and more
WALK with a DOC at SPARC	Saturday, Dec 2, 9:00-10:00 am, FREE Walk with Dr. Katie Ostrum after her short talk on new treatments for menopausal symptoms	South Peninsula Athletic & Recreation Center (SPARC), 600 Sterling Hwy, for more info, call 235-0285
NUTCRACKER FAIR	Saturday and Sunday, Dec 2 & 3, from 11:00 am, FREE Over 90 booths!	Homer Council on the Arts at Homer High School Commons; call 235-4288