



Total
Recreation
And
Independent
Living
Services

Activities this week

June 23-30

TRAILS

907-235-7911

<http://peninsulailc.org/>



**INDEPENDENT
LIVING CENTER**

265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are: local, interesting to LOTS of folks, and free or inexpensive.

If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY!

And email contact information [here](#) to receive updates on ILC developments, community happenings, hot topics, & more!

This Saturday, June 23 at 11 am, you'll find ILC joining friends and family at WKFL Park for the PRIDE march to show support for inclusion of **EveryBODY**. And what a perfect week to register for the international compassion course at <http://www.compassioncourse.org/>, registration is open until June 27. Other highlights this week include two fun TRAILS activities: a bit of relaxing "horsetime" on Tuesday at Devony's Bay Ridge Ranch and Friday's lunch around a campfire at the Bishop's Beach Pavilion. Squeeze in all the outdoor fun you can as we near the end of June.

Activity	Date, time, location	Host, address, contact
Early morning bird walks at Wynn Nature Center	Saturdays & Wednesdays, 8:00-9:30 am, FREE – Enjoy Naturalist-led bird walks on Wynn Nature Center trails	Wynn Nature Center, Mile 1.5 East Skyline Dr., for more info, call 235-6667
First Ever HOMER PRIDE MARCH	Saturday, June 23, meet at WKFL Park, 11:00 am, FREE , Support inclusion of EveryBODY , march from WKFL Park down Lake Street to Grace Ridge Brewery; family friendly, with alcohol-free celebration area at Grace Ridge	WKFL park is on the corner of Pioneer Ave. and Heath St.
Homer Farmers Market, including music, activities for kids	Saturdays, 10:00 am-3:00 pm; Wednesdays 2:00-5:00 pm, FREE – Enjoy fresh produce, crafts, & entertainment; Saturday: <i>marimba music</i> 11-1; <i>kids activities</i> 11-1:30; <i>Chef at the market</i> 1-3; use credit cards for market coins; use SNAP, WIC, Senior Benefits	1155 Ocean Dr., for more info, call 299-7540 or visit www.homerfarmersmarket.org
Estuary walks to Beluga Slough	Daily, 11:00 am-noon, FREE Meet in the lobby of Islands and Ocean to join a ranger-led walk to Beluga Slough; see all I&O activities at www.calendarwiz.com/calendars/calendar.php?crd=islandsandocean&	Islands and Ocean Visitor Center, 95 Sterling Hwy, for more info, call 235-6961
TRAILS Horsetime at Bay Ridge Ranch (weather dependent)	Tuesday, 1:30-3:00 pm, FREE Visit a 4-horse herd to slow down, learn a bit about horses, and enjoy relaxing in "horsetime"	Meet at Independent Living Center parking lot, wear boots or hiking shoes, for info, call Devony 299-3244
Get to Know Alaskan flowers and plants	Tuesdays weekly, 5:30-6:30 pm, FREE Enjoy family-friendly outings to learn local plants	Wynn Nature Center, Mile 1.5 Skyline Dr., for info, call Seth Spencer 235-6714 or email seth@akcoastalstudies.org
Guided Tidepooling	Thursday, June 28, 8:30-10:30 am, and Friday, June 29, 9:00 am-11:00 pm, and Saturday, June 30, 9:30 am-11:30 am, FREE Join Maritime Refuge biologists at Bishop's Beach to explore tidepools	Meet at Bishop's Beach parking lot and wear rubber boots. For more info, call 435-7969 or see http://www.calendarwiz.com/calendars/calendar.php?crd=islandsandocean&
Our Changing Tides Discovery Lab	Wednesday and Friday, 1:00-3:00 pm, FREE Kachemak Bay Research Reserve biologists lead discovery labs for all ages—this week topic is bears and clams	Islands and Ocean Visitor Center, 95 Sterling Hwy, for more info, call 235-4799
TRAILS Qi Gong and Tai Chi	Thursdays weekly, 3:00-4:00 pm, \$3-\$6 cost depending on Senior Center membership	Homer Senior Center, 3935 Svedlund St., for info, call 235-7911
The GREAT BOOK EXCHANGE	Thursdays weekly, 4:30-6:30 pm, FREE Visit BOB Bookmobile to trade in books & find new favorites; learn about library programs too!	Karen Hornaday Park, 360 W. Fairview Ave.; for info, call 235-3180
SVT Thriving Thursday Fishing Tips with Bob Bambach	Thursday, June 28, 6:00-8:00 pm, FREE Enjoy a talk providing tips and demonstrations on how to fish in the lagoon and local rivers	SVT Wellness Center, 880 East End Rd., for more info, call 226-2228
TRAILS lunch and Bishop's Beach campfire	Friday, June 29, 12:00-1:30 pm, FREE Gather to see friends and enjoy good food and conversation at the Bishop's Beach pavilion	Meet at Bishop's Beach pavilion, for info, call 235-7911