



**Total
Recreation
And
Independent
Living
Services**

Activities this week

**June 2-9
TRAILS**

907-235-7911

<http://peninsulailc.org/>



**INDEPENDENT
LIVING CENTER**

265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are: local, interesting to LOTS of folks, and free or inexpensive.

If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY!

And email contact information [here](#) to receive updates on ILC developments, community happenings, hot topics, & more!

There's a wealth of fascinating outdoor activities this week—check out Sunday and Thursday! And check out TRAILS calendar of “One Hit Wonder” special summer activities at <http://peninsulailc.org/TRAILS>; also check out recreation offered through City of Homer Parks and Recreation at <https://www.cityofhomer-ak.gov/recreation/recreational-classes>.

Activity	Date, time, location	Host, address, contact
Walk with a Doc	Saturday, June 2, 9:00-10:00 am, FREE Learn from Dr. Katie Ostrum about stress incontinence and exercise, then spend a fun hour walking at your own pace & asking questions; free blood pressure screenings, prizes, and refreshments	South Peninsula Athletic and Recreation Center (SPARC), 600 Sterling Highway, for more info, call 235-0970
GARAGE SALE at Faith Lutheran Church	Saturday, June 2, 9:00 am-2:00 pm, FREE Check out the goods and goodies at Faith Lutheran Church's Garage and Bake Sale	Faith Lutheran Church 1000 Soundview Ave, for more info, call 235-7600
Kids' Vending Day at Homer Farmers Market	Saturday, June 2, 10:00 am-3:00 pm, FREE Support young entrepreneurs at Homer Farmers Market; find everything from veggies & eggs raised by kids, to artwork, jam, & crafts by Homer youths	1155 Ocean Dr., for more info, call 299-7540 or visit www.homerfarmersmarket.org
Shamwari Marimba music at Homer Farmers Market	Saturday, June 2, 10:00 am-12:00 pm, FREE Enjoy the beat of Shamwari Marimba at the Homer Farmers Market starting at 10 am	1155 Ocean Dr., for more info, call 299-7540 or visit www.homerfarmersmarket.org
Homer Steps Up 2018 END OF CHALLENGE PARTY!	Saturday, June 2, 1:30 am-2:30 pm, FREE Celebrate a successful Homer Steps Up Challenge; congratulate winners, see what team takes home the trophy, enter to win raffles and more!	Hosted by South Peninsula Hospital at the Homer Farmers Market, 1155 Ocean Dr., for more info, call 235-0970 check out wellness@sphosp.org
Lichens & Mosses on Calvin & Coyle Trail	Sunday, June 3, 1:00-4:00 pm, FREE Join ecologist Ed Berg to learn about mosses, lichens, and other fascinating plant life found along the Calvin & Coyle Trail	Hosted by Homer Native Plant Society, Meet at trailhead—take East End Rd to about 1 mile, turn right on Mariner Dr, parking is limited; for info, call 235-9344 or email jwoodring50@gmail.com
Community Puppet Construction	Sundays, June 3 & 10, 4:00-8:00 pm, FREE Help puppet master Charles Aguilar make a mermaid puppet for Bunnell Street Arts Center's Dinner at the Beach celebration	Bunnell Street Arts Center, 106 W Bunnell Ave, for more info, call 235-2662
Homer Farmers Market (and free pressure canner dial gauge testing)	Wednesday, June 6, 2:00-5:00 pm, FREE Enjoy fresh produce, crafts, & entertainment; use credit cards for market coins; use SNAP, WIC, & Senior Benefits; get pressure canner dial gauges tested; please leave dogs at home; designated bike parking available	1155 Ocean Dr., for more info, call 299-7540 or visit www.homerfarmersmarket.org ; for more info on pressure canner dial gauge testing, call Cooperative Extension at 262-5824
TRAILS Qi Gong and Tai Chi	Thursdays weekly, 3:00-4:00 pm, \$3-\$6 cost depending on Senior Center membership	Homer Senior Center, 3935 Svedlund St., for info, call 235-7911
The GREAT BOOK EXCHANGE	Thursdays weekly, 4:30-6:30 pm, FREE Visit BOB Bookmobile to trade in books & find new favorites; learn about library programs too!	Karen Hornaday Park, 360 W. Fairview Ave.; for more info, call 235-3180
Thriving Thursdays—Coastal Plant Walk	Thursday, June 7, 6:00-8:00 pm, FREE Join Priscilla Russel on a coast walk as she shares knowledge of plants gained from years with village Elders; learn about her book on Alutiig plantlore	SVT Wellness Center, 880 East End Rd., for more info, call 226-2228; be prepared to walk along the beach
Homer Farmers Market	Saturday, June 9, 10:00-3:00 pm, FREE Enjoy fresh produce, crafts, & entertainment—KP Brass Band plays at 1:00 pm; use credit cards to get market coins; use SNAP, WIC, Senior Benefits	1155 Ocean Dr., for more info, call 299-7540 or visit www.homerfarmersmarket.org
Reading by Pulitzer Prize-winning author Anthony Doerr	Saturday, June 9, starts 8:00 pm, FREE Hear Anthony Doerr read from his latest book, best-seller <i>All the Light We Cannot See</i> ; signing follows	Homer Mariner Theatre, Homer High School, 600 E. Fairview Ave., for more info, call 236-7743