



Total
Recreation
And
Independent
Living
Services

Activities this week

July 7-14
TRAILS
235-7911

<http://www.peninsulailc.org/TRAILS-Activities>



**INDEPENDENT
LIVING CENTER**

265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are: local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY! And email contact information [here](#) to receive updates on ILC developments, community happenings, hot topics, & more!

SO MUCH FUN STUFF TOMORROW! This has got to be one of the busiest Saturdays of Summer. You can start bright and early at Wynn Nature Center on a bird walk, then have a munch at the Farmers Market and enjoy Kids Vending Day, next head over to Karen Hornaday Park for the Scottish Highland Games, and finally, toddle over to Islands and Ocean Visitor Center to help "Save the Vaquita." Lots more fun activities all week, so check out this week's calendar!

Activity	Date, time, location	Host, address, contact
Early morning bird walks at Wynn Nature Center	Saturday & Wednesday, 8:00-9:30 am, FREE , Enjoy naturalist-led bird walks on Wynn Nature Center Trails	Wynn Nature Center, Mile 1.5 East Skyline Dr., for more info, call 235-6667
Walk with a Doc	Saturday, July 7, 9:00-10:00 am, FREE Walk & talk with Jill Rife about shingles & new vaccine; refreshments & blood pressure checks	SPARC building, 600 Sterling Highway (next to Homer Middle School), for more info, call 235-0970
SCOTTISH HIGHLAND GAMES	Saturday, July 7, 9:00 am-5:00 pm, \$10, FREE for kids 16 and under Enjoy traditional Scottish events, including breathtaking tossing of the "caber"—a 70-ft log flipped end over end; enjoy food, vendors, games for kids, and musical guests The Fire	Presented by the Kachemak Bay Scottish Club, held at Karen Hornaday Park, 360 West Fairview Ave., for more information, call 907.953.6546
FARMERS MARKET, with music & activities for kids	Saturday, 10:00 am-3:00 pm, Kids Vending Day, Wednesday, 2:00-5:00 pm, FREE Enjoy fresh produce, yummy food, crafts, & entertainment; Saturday: kids activities 11-1:30; music 1-2:30; use credit cards for market coins; use SNAP, WIC, Senior benefits	1155 Ocean Dr., for more info, call 299-7540 or visit www.homerfarmersmarket.org
Estuary walks to Beluga Slough	Daily 11:00 am-noon, FREE , Meet in the lobby of Islands and Ocean to join a ranger-led walk to Beluga Slough	Islands and Ocean Visitor Center, 95 Sterling Highway, for more info, call 235-6961
International SAVE the VAQUITA DAY	Saturday, July 7, 3:00-5:00 pm, FREE Learn about the world's most endangered marine mammal you've never heard of; see a short documentary about the vaquita porpoise, Mexico's "panda of the sea;" snacks, raffle	Islands and Ocean Visitor Center, 95 Sterling Highway, for more info, call 435-7334
Learn Alaskan flowers and plants	Tuesdays weekly, 5:30-6:30 pm, FREE Enjoy family outings to learn local plants	Wynn Nature Center, Mile 1.5 East Skyline Dr., for info, call 235-6667
Discovery Lab—Spineless Creatures of Kachemak Bay	Wednesday, July 11, & Friday, July 13, 1:00-3:00 pm, FREE Learn the wonders of invertebrates (critters without spines) through hands-on activities in the I&O Discovery Lab	Hosted by Kachemak Bay National Estuarine Research Reserve at Islands and Ocean Visitor Center, 95 Sterling Highway, for more info, call 299-3587
Guided Tidepooling	Thursday, July 12, 8:00-10:00 am, FREE Friday, July 13, 8:30-10:30 am, FREE Saturday, July 14, 9:00-11:00 am, FREE Enjoy exploring tidepools with a naturalist	Meet at Bishop's Beach parking lot; wear rubber boots and warm clothes; for more info, call 435-7969
The Great Book Exchange	Thursdays weekly, 4:30-6:30 pm, FREE Visit BOB Bookmobile to trade in old books and find new favorites; learn about library programs	Karen Hornaday Park, 360 West Fairview Ave., for more info, call 235-3180
Thriving Thursdays—Kackleberry Farms	Thursday, July 12, 6:00-8:00 pm, FREE Visit 10-ac Kackleberry Farms at the head of Kachemak Bay and join Terry Jones as she explains their operation, dairy goats and all	Meet at SVT Wellness Center, 880 East End Rd. to carpool, for more information, call 226-2228
Community GARAGE SALE	Saturday, July 14, 9:00 am-3:00 pm, FREE Who knows what treasures you'll find at this community GARAGE SALE	Homer United Methodist Church, 770 East End Road, for more information, call 235-8528