Total Recreation And Independent Living Services

Activities this week
July 13-20
TRAILS
235-7911
http://www.peninsulailc.org/TRAILS-Activities

INDEPENDENT LIVING CENTER
265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive.
If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY!
Find the latest TRAILS calendar at peninsulailc.org/TRAILS-Activities

TRAILS is up to some very fun things this week. On Wednesday, it's time for another visit to Devony's **Bay Ridge Ranch** for relaxing horsetime hanging out with the 5-horse herd. Then on Saturday July 20, TRAILS is off to **celebrate Disability Pride** at Soldotna Creek Park. For more information about these activities, just call TRAILS! Also, don't forget the **40th anniversary celebration for our own South Peninsula Behavioral Health Center** tomorrow — Hobo Jim will be playing! And finally, with Homer's wonderful Farmers Market in full swing, check out their weekly newsletter by clicking **here**.

Activity	***Date, time, location***	***Host, address, contact***
"The Center" -- South Peninsula Behavioral Health Services 40th Anniversary Celebration	**Saturday, July 13, 4:00-7:00 pm, FREE** SPBHS celebrates its 40th Anniversary with a free community event featuring food, games, and music. There will even by a **performance by Hobo Jim!**	Homer High School, 600 East Fairview Ave., for more information call 235-7701
Homer Farmers Market	**Saturdays 10:00 am-3:00 pm and Wednesdays 2:00-5:00 pm, FREE** Find great fresh produce, delicious prepared food, and delightful vendors at the market! This Saturday at 1 pm, enjoy hearing the KP Brass Band	1155 Ocean Drive, for a list of the produce, food, and craft vendors, go to www.homerfarmersmarket.org/vendors.html
Homer Rocks Painting Circle	**Sunday, July 14, noon-2:00 pm, FREE** Join the Kindness Movement in painting rocks to hide and delight folks around Homer; everyone welcome, bring rocks and paint or share	Portside Café, 175 E. Pioneer Ave., sign up ahead on Events section of Homer Rocks Facebook page; for more information call 435-7969
Beluga Slough Ranger-led Walk (wheelchair accessible)	**Daily, 11:00 am-noon, also Saturday, Sunday & Thursday at 1:00-2:00 pm, FREE** Join Refuge Rangers for a fun and beautiful stroll on a wheelchair accessible trail to Beluga Slough	Islands and Ocean Visitor Center, 95 Sterling Highway, for more information call 235-6546; meet the ranger or refuge volunteer on the outside patio
Guided TidePooling at Bishop's Beach	**Wednesday, July 17, 8:45-10:45 am, FREE** **Thursday, July 18, 9:30-11:30 am, FREE** **Friday, July 19, 10:00 am-noon, FREE** Join Refuge Rangers for a fun morning of exploring tidepools at Bishop's Beach.	Meet Rangers wearing orange vests at Bishop's Beach parking lot; wear rubber boots or waterproof shoes and dress warmly
TRAILS Horsetime at Bay Ridge Ranch	**Wednesday, July 17, 3:00-5:00 pm, FREE** Join Devony to learn a bit about horses and enjoy horsetime with the 5-horse herd at Bay Ridge Ranch	Bay Ridge Ranch, 2000 Bay Ridge Road, meet at ILC parking lot at 2:45 to carpool, for more information call TRAILS or Devony (299-3244)
Make Art at the Pratt	**Thursday, July 18, 1:00-2:00 pm, FREE** Have fun creating youth and family focused mosaics using different kinds of local seashells	Pratt Museum, 3779 Bartlett Street, for more information call 435-3334
Thriving Thursday at Scenic Place Peonies	**Thursday, July 18, 6:00-8:00 pm, FREE** Join Beth Van Sandt at her beautiful farm, where she grows peonies, other cut flowers, and vegetables at 1,150 ft, up off Skyline	Meet at SVT Health & Wellness, 880 E. End Road dressed for walking; for more information call 226-2228
TRAILS goes to the DISABILITY PRIDE Potluck and Celebration in Soldotna	**Saturday, July 20, noon-4:00 pm, FREE** Join folks from all over the Peninsula at Soldotna Creek Park to celebrate pride and support of EveryBODY whose lives are touched by physical, mental, or emotional disability—in other words—ALL of us! Enjoy food, music, and fun!	If you're already signed up to go in the van with TRAILS, meet in the ILC parking lot at 10 am; if you need transportation, call TRAILS and we'll see what we can arrange