



Activities this week
Jan 8-13
TRAILS
235-7911
<http://www.peninsulaaic.org/TRAILS-Activities>



Well, things are a bit slower this week—but each longer day gives us more chances to get outside to enjoy our wonderful surroundings. And don't forget: January 19, 20, and 21, the **TRAILS Challenge Alaska trip to Alyeska**. Call to sign up.

And don't miss the chance **NEXT week** to join one of Anette Avant's **FREE Feldenkrais lessons** at 1231 Ocean Drive (235-0687)—learn awareness through movement for a happier, healthier, more aligned body. Remaining sessions are: **Jan. 15 at 6:30pm**; Tues. **Jan. 16 at 12:00pm**; Wed. **Jan. 17 at 4:00pm**; Thurs. **Jan. 18 at 2:00pm**. Wear loose clothes.

Below, you'll see photos from **TRAILS' WILD THINGS edible ornament-making** on December 27. That was FUN!

Activity	Date, time, location	Host, address, contact
Kevin Bell Ice Arena Public Skating	Throughout the week -- public skate Call for schedule, \$5; skate rental \$1	Kevin Bell Ice Arena, 3150 Homer Spit Road; for info, call 235-2647 or click http://www.kevinbellarena.org/calendar
Knitting Circle	Monday weekly, 1:30-4:30 pm, FREE All levels knit together; Homer Public Library	Homer Public Library, 500 Hazel Ave., for info, call 235-3180
Tuesday Night Lights	Tuesday, Jan 9, 6:30-8:00 pm, FREE Join weekly gatherings at CACS to brighten up winter; this week is about Spot Shrimp	Center for Alaskan Coastal Studies (CACS), 708 Smokey Bay Way, for more info, call 235-6746
Sustainable Movement	Wednesday, Jan 10, 10:30-11:30 am, Gentle movement at HCOA; \$8 for TRAILS	Homer Council on the Arts, 355 W. Pioneer Ave., for info, call 235-6226
TRAILS Bowling at Kachemak Bowl	Wednesday weekly, starts at 3:00 pm, \$4.25 per game, shoe rental free for TRAILS	Kachemak Bowl, 672 East End Rd. (next to Boss Hogz); TRAILS folks—please sign TRAILS sign-in sheet
TRAILS Qi Gong and Tai Chi	Thursday, Jan 11, 3:00-4:00 pm, \$3-\$6 depending on Senior Center membership	Homer Senior Center, 3935 Svedlund St., for info, call Dean, 235-7911
SVT THRIVING THURSDAYS	Thursday, Jan 11, 6:00-8:00 pm, FREE Susie Amundson will help you boost your Emotional Resilience	SVT Wellness Center, 880 East End Rd., for more information, call 226-2228



Making edible ornaments for wildlife



Tela showing an ornament



A break to visit the horses



Taking ornaments to hang outside



Hanging ornaments



Ornament for wildlife



Time to warm up around a campfire



Roasting marshmallows and telling stories