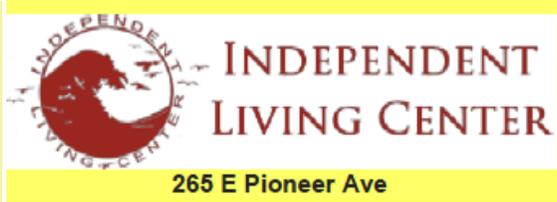




Activities this week  
**Dec. 29-Jan. 5**  
**TRAILS**  
**235-7911**  
<http://www.peninsulailc.org/TRAILS-Activities>



**TRAILS** calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact **TRAILS!** Recreation is for EveryBODY! And click [here](#) for the latest ILC newsletter!



Maybe the best way to bring in the New Year is to go outside and say “YAY” for our beautiful snow, then grab your skis or snowshoes and head out on one of the many trails around town, from the Baycrest Ski Trails in the Homer Demonstration Forest and Diamond Creek Recreation Area to the Eveline Trails out East End Road. And if you want to skate or dance or do crafts or learn to move more freely or even fix your PC, go for it...

<b>Activity</b>	<b>Date, time, location</b>	<b>Host, address, contact</b>
<b>Public Skating Kevin Bell Arena</b>	<b>Throughout the week, \$5 admission, \$1 skate rental</b> Grab your skates or rent a pair and enjoy public skating on the Spit!	Kevin Bell Arena, 3150 Homer Spit Road; for more info call 235-2647 or click: <a href="http://www.kevinbellarena.org/home">www.kevinbellarena.org/home</a> and check the calendar
<b>Square and Contra Dancing</b>	<b>Saturday, Dec. 29, 7:30-10:00 pm, \$10 or FREE if you help check in folks (kids under 16 FREE)</b> Dance to music by China Pooters and calling by Laura Patty—steps are taught, so you can be a beginner and still have a wonderful time	Presented by City of Homer Community Recreation, held at West Homer Elementary School, for more information call 235-6090
<b>Native Craft Night at SVT</b>	<b>Wednesday, Jan. 2, 4:30-6:30 pm, FREE,</b> Enjoy learning Native crafts every Wednesday	SVT Wellness Center, 880 East End Rd.; for more information call Karri at 435-3232
<b>Body Moves with Dottie Harness-Foster</b>	<b>Thursday, Jan.3, 10:30-11:30 am, call for information on costs and scholarships,</b> Whether standing or seated, learn to move with greater ease and comfort in the supportive company of new friends; increase endurance, strength, balance, and flexibility	Register at Homer HCOA, 355 W. Pioneer Ave., for more information call 235-4288
<b>Thriving Thursdays Women's Self Defense</b>	<b>Thursday, Jan. 3, 6:00-8:00 pm, FREE,</b> Ken Domela introduces practical self-defense techniques in a safe and non-competitive setting	SVT Wellness Center, 880 East End Rd.; for more information and to sign up, please call Patty at 435-3215
<b>Walk with a Doc</b>	<b>Saturday, Jan. 5, 9:00-10:00 am, FREE</b> Join Dr. John Halligan, Medical Director of the Peninsula Radiation Oncology Center, for a brief “Open Mic on Cancer;” then walk at your own pace while chatting & asking questions; free blood pressure screenings	SPARC (South Peninsula Athletic and Recreation Center), 600 Sterling Highway, for more information call 299-5115
<b>Free walk-in tech help</b>	<b>Saturday, Jan. 5, 10:00 am-noon, FREE</b> Need help figuring out your new PC, MAC, tablet, or smart phone, or wondering what's wrong with your old one? Bring your problem tech gear to this free drop-in class every first and third Saturday	Homer Public Library, 500 Hazel Ave., for more information call 435-3195