



Total
Recreation
And
Independent
Living
Services

Activities this week
December 22-29
TRAILS
235-7911
<http://www.peninsulailc.org/TRAILS-Activities>



INDEPENDENT
LIVING CENTER

265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact **TRAILS!** Recreation is for EveryBODY! And click [here](#) for the latest **ILC newsletter!**



Join **TRAILS** on **Christmas Eve afternoon (Monday)** for **free skating (including skate rentals)** at the **Kevin Bell Arena**. All it costs is a canned food item to donate to the Food Pantry. We will leave the ILC parking lot at 1:30. Let Devony know at 299-3244 if you're interested in getting a ride between ILC and the arena.

And here are plenty more activities to fill you with holiday cheer...

<i>Activity</i>	<i>Date, time, location</i>	<i>Host, address, contact</i>
Public Skating Kevin Bell Arena— (See Free Skate on Dec 24)	Throughout the week, \$5 admission, \$1 skate rental Grab your skates or rent a pair and enjoy public skating on the Spit!	Kevin Bell Arena, 3150 Homer Spit Road; for more info call 235-2647 or click: www.kevinbellarena.org/home and check the calendar
Walking Through the Seasons (in healthy, comfortable ways)	Saturday, Dec. 22, 11:00-11:45 am, FREE Dottie Harness-Foster shows how to walk with ease and energy--with a roll in your foot and a swagger in your pelvis, experience fundamental concepts that propel you forward and maintain balance	Presented by Homer Council on the Arts, held at Skeletal Connections, 1231 Ocean Drive, for more information call 299-6789
Dean Family Gallery	Saturday, Dec. 22, 1:00-5:00 pm, FREE Visit the Dean Family's newly renovated gallery for a special holiday opening	40374 Waterman Road, for more information call 299-4124
Garden of Lights at Bear Creek Winery	Friday & Saturday, Dec. 21-22, 5:00-7:00 pm, FREE , Feel the holiday spirit and stroll through a brightly lighted winter wonderland; enjoy hot cocoa by the fire ring	Bear Creek Winery, 60203 Bear Creek Dr., for more information call 235-8484' contact Devony—299-3244—if you'd like a ride
Join TRAILS Christmas Eve afternoon FREE Skating!	Monday, Dec 24, 1:00-3:30 pm, FREE Head over to the Kevin Bell ice arena to celebrate Christmas eve afternoon by enjoying free skating (including skate rentals), just bring a canned food item to benefit the Homer Community Food Pantry	Kevin Bell Arena, 3150 Homer Spit Road; for more info call 235-2647; if you'd like a ride from ILC, contact Devony at 299-3244
Thriving Thursdays Fermented Food	Thursday, Dec 27, 6:00-8:00 pm, FREE , Join Willow Jones to learn to make delicious probiotic-packed sauerkraut at home; you'll be able to try several other types of fermented foods	SVT Wellness Center, 880 East End Rd.; for more information and to sign up, please call Patty at 435-3215
Square and Contra Dancing	Friday, Dec. 28, 7:30-10:00 pm, \$10 or FREE if you check folks in for a while (kids under 16 FREE) Dance to music by China Pooters and calling by Laura Patty—steps are taught, so you can be a beginner and still have a wonderful time	Presented by City of Homer Community Recreation, held at West Homer Elementary School, for more information call 235-6090