



Total  
Recreation  
And  
Independent  
Living  
Services

Activities this week

**Dec. 28-Jan. 4**

**TRAILS**

**235-7911**

<http://www.peninsulailc.org/TRAILS-Activities>



**INDEPENDENT  
LIVING CENTER**

265 E Pioneer Ave

**TRAILS** calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY! Find the latest TRAILS calendar at [peninsulailc.org/TRAILS-Activities](http://peninsulailc.org/TRAILS-Activities)

## Happy New Year EveryBODY!



— HAPPY NEW YEAR —

Join TRAILS on January 1, Wednesday, for the annual "FIRST SNOWSHOE (or ski)" get-together at Eveline State Recreation Area. Enjoy a toasty fire, hotdogs, hot drinks, and guided walks. This annual "get-outdoors-and-do-something-fun-to-start-the-year" event is hosted by Alaska State Parks and Friends of Kachemak Bay State Park. Once again, Coastal Studies will generously lend TRAILS their van, so we can take a bunch of folks for a beautiful drive and fun outing. Let TRAILS know if you'd like to join the trip—we can pick up folks along East End Road.

Activity	Date, time, location	Host, address, contact
<b>Afternoon Public Skating</b>	<b>Saturday &amp; Sunday, 4:30-6:00 pm, Monday &amp; Friday, 3:00-4:15 pm, Thursday, 2:30-4:00 pm, \$5 includes skate rentals, Skate off holiday lbs at Kevin Bell Arena</b>	Kevin Bell Arena, 3150 Homer Spit Road, for more information call 235-2647
<b>Featured Creature –Alaska's Marine Animals</b>	<b>Saturday, Dec. 28, 1:00-3:00 pm, FREE,</b> Drop in between 1 and 3 pm to learn about Alaska's marine animals as a naturalist shares facts and stories about a new featured creature each week	Islands and Ocean Visitor Center, 95 Sterling Highway, for more information call 235-6546
<b>New Year's Eve Fireworks Fantastical</b>	<b>Tuesday, Dec. 31, 8:00-8:30 pm, FREE,</b> Enjoy Homer's 2 <sup>nd</sup> annual Crowdfunded fireworks spectacular; you can help make it extra fantastical, check out the hysterical write-up and solicitation at <a href="http://www.facebook.com/events/1001833850192191/">www.facebook.com/events/1001833850192191/</a>	Mariner Park on the Homer Spit, for more info call 299-9622 or see <a href="http://www.facebook.com/events/1001833850192191/">www.facebook.com/events/1001833850192191/</a>
<b>New Year's Day Snowshoeing and Skiing at Eveline State Recreation Area</b>	<b>Wednesday, Jan. 1, guided treks start noon, FREE,</b> Join Alaska State Parks and Friends of Kachemak Bay State Park for a guided "first snowshoe or ski" on beautiful trails at Eveline State Recreation Area; hot drinks and gourmet snacks provided! Bring snowshoes or skis or check with TRAILS (see listing below)	Eveline SRA, sponsored by Alaska State Parks and Friends of Kachemak Bay State Park; go out East End Rd for 13.8 miles (past McNeil Canyon School), turn left onto Alpine Meadow Dr and go .3 miles to trail-head. \$5 donation suggested
<b>TRAILS on trails Challenge (cancelled ONLY for blizzards!)</b>	<b>Wednesday, Jan. 1, meet at ILC at 11:00 am, FREE,</b> TRAILS will take a vanful of folks to Eveline State Recreation Area (see the listing above) for our 5 <sup>th</sup> TRAILS on trails challenge; we'll bring extra snowshoes! Let Devony know if you're interested!	Meet at 11:00 am at ILC parking lot, 265 East Pioneer Ave.; we'll take a van to Eveline State Recreation Area, which is about 14 miles out East End Rd
<b>TRAILS Qi Gong and Tai Chi</b>	<b>Thursday, Jan. 2, 3:00-4:00 pm, \$6, \$3 for Senior Center members,</b> Join Dean Sundmark in slow, gentle movements to build strength, stamina, balance, and improve joint function & bone density	Homer Senior Center, 3935 Svedlund Street, for more information call Dean at ILC, 235-7911
<b>Walk with a Doc</b>	<b>Saturday, Jan. 4, 9:00-10:00 am, FREE,</b> Dr Katie Ostrom, OB/GYN, will give a brief presentation on new ways to prevent the need for narcotics after surgery, then she'll chat informally with walkers; free blood pressure screenings	SPARC, 600 Sterling Highway, bring clean walking shoes
<b>Drop-In Tech Help</b>	<b>Saturday, Jan. 4, 10:00 am-noon, FREE,</b> Tomasz Sulczynski will help solve problems with your cell phone, tablet, computer, whatever!	Homer Public Library, 500 Hazel Ave., for more information call 235-3180