



Total
Recreation
And
Independent
Living
Services

Activities this week

April 21-28

TRAILS

907-235-7911

<http://peninsulailc.org/>



**INDEPENDENT
LIVING CENTER**

265 E Pioneer Ave

TRAILS calendars highlight inclusive activities that are: local, interesting to LOTS of folks, and free or inexpensive.

If because of a disability you'd like assistance to participate, contact TRAILS! Recreation is for EveryBODY!

And email contact information [here](http://peninsulailc.org/) to receive updates on ILC developments, community happenings, hot topics, & more!

A great week coming up, including this Saturday's FREE **Earth Day Celebration** at Islands & Ocean starting at 6 (or 5 for more food and friends time, see poster on next page). Other highlights include this Saturday's annual book and plant sale at the library, the FREE movie on Thursday, and the Healthy Kids Fair NEXT Saturday. And there's lots more. WOW!

Activity	Date, time, location	Host, address, contact
Walk with a Doc	Saturday, April 21, 9:00-10:00 am, FREE Dr. Boling will talk about healthy weight loss and management and then be available for informal walking while talking	SPARC, 600 Sterling Hwy (next to Homer Middle School), for info, call (907) 201-1766
Homer Library SPRING Book and Plant Sale	Saturday, April 21, 10:00 am-6:00 pm, FREE Find book and plant treasures at the library's biannual fundraising sale	Homer Public Library, 500 Hazel Ave., for info, call 235-3180; starting April 19, bring plants to donate
EARTH DAY CELEBRATION	Saturday, April 21, 6:00-8:00 pm, FREE Food, friends, live music, presentations, and celebration of the life of Conservationist Extraordinaire Ed Bailey (poster on next page)	Islands and Ocean Visitor Center, 95 Sterling Highway, for info, call 235-8214
Knitting Circle	Mondays weekly, 1:30-4:30 pm, FREE All levels knit together at Homer Public Library	Homer Public Library, 500 Hazel Ave., for info, call 235-3180
Body Moves with Cathy and Dottie	Wednesday, April 25, 10:30-11:30 am Gentle movement at HCOA to improve balance, mobility, & flexibility, scholarships available	At Homer Council on the Arts, 355 W. Pioneer Ave., call 235-4228 for info on costs and scholarships
TRAILS Bowling at Kachemak Bowl	Wednesday weekly, starts at 3:00 pm, \$4.25 per game, shoe rental free for TRAILS	Kachemak Bowl, 672 East End Rd. (by Boss Hogz); TRAILS folks—please sign TRAILS sign-in sheet
Pratt Museum Behind the scenes	Thursday, April 26, 2:00-3:00 pm \$5 Enjoy behind-the-scenes tour of museum collection	Pratt Museum, 3779 Bartlett St., for info, call 235-8635
TRAILS Qi Gong and Tai Chi	Thursdays weekly, 3:00-4:00 pm, \$3-\$6 cost dependent on Senior Center membership	Homer Senior Center, 3935 Svedlund St., for info, call 235-7911
SHUT UP & WRITE	Thursdays weekly, 5:00-7:00 pm, FREE Write with others upstairs at Alice's	Alice's Champagne Palace, 195 E. Pioneer Ave., for info call 435-7969
FREE Community Dinner	Thursday, April 26, 5:00 – 7:00 pm, FREE Join friends at Homer United Methodist Church for monthly free meal and good fellowship	Homer United Methodist Church, 770 East End Rd, for info, call 235-8528
SVT Thriving Thursdays	Thursday, April 26, 6:00-8:00 pm, FREE Kay Shoemaker Howell, UAF professor, shows how to make Kombucha micro-brewed tea for better health	SVT Wellness Center, 880 East End Rd., for more, call 226-2228
FREE MOVIE "Inside Out"	Thursday, April 26, 6:30-8:30 pm, FREE Enjoy the movie "Inside Out"--the fourth film in the DeStig Film Festival	Hosted by South Peninsula Behavioral Health Services at Homer Theatre, 106 W. Pioneer Ave., for more info, call 235-7701
SAFE and HEALTHY KIDS FAIR	Saturday, April 28, 10:00 am-2:00 pm, FREE Visit over 30 booths & stations for activities, including circus arts, teddy bear clinic, hearing tests, face painting, water safety, and sign-ups for summer programs. Visit the Bookmobile. Door prizes awarded throughout the fair, including tricycle and bicycle at 1:30. Join bike rodeo in parking lot 10 am-1:00 pm (helmets required and can be bought on site); kids can get a free bike inspection	Homer High School, 600 East Fairview, for more info, call Red Asselin at Sprout, 235-6044
Homer Storytellers	Saturday, April 28, 3:00-4:00 pm, FREE Hear others tell stories, and if you want, tell yours	Homer Public Library, 500 Hazel Ave, for info, call 235-3180

Earth Day

with

Kachemak Bay Conservation Society

What: Earth Day Presentations and Films

Where: Islands and Ocean Visitor Center

When: Saturday, April 21, 2018 6-8 PM

Who: Kachemak Bay Conservation Society
Alaskans Know Climate Change

Guest Appearance: Homer Youth String Orchestra Club

Adventure Photos, Stories, and Climate Change
Prescriptions from Bjørn Olson

**Presentation and Films by Nina Faust
and Roberta Highland**

Enjoy a free event. Come early for
socializing, a meal, and live music. 5-6 PM

**Honoring the Life and Legacy
of Edgar Bailey**



AlaskansKnowClimateChange.com

kBayConservation.org