



T.R.A.I.L.S. of the Independent Living Center

## Seward - July 2022 Event Details

The TRAILS Program promotes fun, safe, adaptive, inclusive recreation with people with and without disabilities.

**Please call TRAILS at 224-8711 to sign up for any of these events!**



*Looks like the 4<sup>th</sup> is going to be another beautiful sunny day!! Hope you get downtown for the fun festivities*



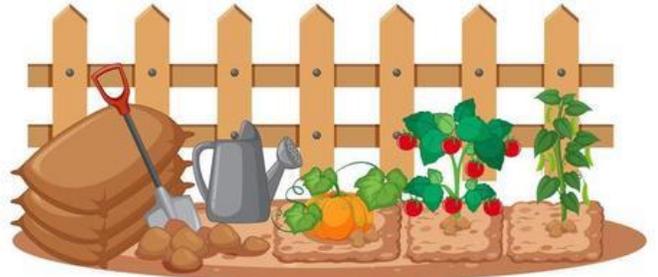
**BBQ at the Pavilion!! When? 11am-3pm**  
TRAILS will be doing arts & crafts and providing games at this event!! Come get information at our TRAILS & ILC table!!!



**Let's go Gold Panning!! July 13<sup>th</sup> at 2:30 the cost is \$24.00!! Can't beat that!! RSVP and payment due by Friday the 8<sup>th</sup>. If you need transportation to this event please let me know at the time of payment!**



**TRAILS Fundraising!! July 23rd Downtown by Ranting Ravens!! Set up @ 8:30**



**TRAILS will be heading to Soldotna to celebrate Disability Pride we will be leaving from ILC at 10:30 am. If you need transportation please let me know in advance.**

**Come Join us at the gardens, we have two beds at The Garden by the Bay! A greenhouse down by the Senior Center, along with 2 beds there. For those who are interested in getting involved with our gardening, we need people to water and help out with the maintenance day which is on the 12th so many vegetables coming up! Lots of tomatoes, lettuce, squash, so...much more!!**



**DISABILITY PRIDE MONTH**

#ONEACCESSIBILITY



**This Month we will be meeting the Pacific Park apartments on the 26<sup>th</sup> of July! This will be filled with games, hot dogs and burgers!! Would anyone be interested in bringing a side dish? A salad, pasta salad, chips or drinks?? Anything would be good!!!**

**There may be financial assistance available, Please call Barbara at (907) 224-8711 for more information**

**Cancellation and Refund Policy:** All cancellations must be received at least forty (40) business hours, before the start of the TRAILS event. Cancellations can be received in writing, by e-mail, or verbal. No refunds will be made for cancellations received after that time, including scholarships. Refunds will be issued in the same form

