

ILC NEWS

Independent Living Center | ADRC | TRAILS

New Kodiak Office

ILC is launching a new office in Kodiak! We have hired a part-time IL Advocate, Tonya Lee, and a part-time STAR Coordinator, Kerry Wood. Their offices are located at 211 Mission Road Suites 206 and 208.
 STAR - (907) 486-0491
 IL - (907) 486-0493

Stay tuned to hear about the ILC Kodiak Open House!

TRAILS

TRAILS had another excellent summer season with a variety of old and new favorite activities to choose from. We are looking forward to winter shenanigans, especially skiing at Challenge!

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ADRC, STAR & IL Road Trip

Lori and Melissa provided outreach services to Glennallen. Our staff LITERALLY goes the extra mile to provide better services!



Students at Mt. View push and pull themselves down a hallway with one hand during Diversity Day.

ILC Central staff, Lynnette and Maggie, helped facilitate a fun outreach project at Mountain View Elementary School in Kenai. "Diversity Day" is intended to spread understanding and awareness to the unique challenges that people who experience



INDEPENDENT LIVING CENTER



New Staff

Meet Christy! She is an Independent Living Advocate, working out of our Seward office. Welcome to the team!

STAR

The STAR program has been very busy on the Kenai Peninsula, as well as adding Kodiak to our STAR family! There has been a large outreach to the different schools in our areas as well as coverage in Valdez.

- ILC STAR Programs help consumers and families navigate Developmental Disability Services.

The grant funded services consumers have been receiving from IDD providers are going away. Starting next January, individuals will receive services through Individual Support Waivers (ISW). A registration and review must be completed in order to qualify for the ISW. STAR coordinators can explain this process and help with the required application.

disabilities face every day. With the help from many professionals within our district, the Special Education Service Agency and ILC, this was a big hit!

Our staff had students pretend that they experience a physical disability and challenged them to paint with a brush in their mouth, without using their hands.

Groups of 8-10 students attended several small sessions where they learned about a wide array of cross disability impairment including: visual, mobility, auditory and sensory.

Check out the NEW ILC Website!

This fall, ILC rolled out our new and improved website at www.peninsulailc.org The site has easy to find information about all our ILC programs, TRAILS events, and a contact directory to find the staff person you are looking for. Our site has news items to inform you of events in your community and notices about public resources, benefits and relevant links.

The website also makes giving to and supporting ILC, financially, an easy thing to do. ILC memberships are available through the site or by calling our offices. Funds that we receive from our members help continue the supportive programs we offer in all the communities we serve. Please check out our new site, let us know what you think, and please become a member and help ILC to have the resources needed to keep on serving our communities.



TRAILS has attitude!

In case you were wondering...TRAILS is about every body getting out and having fun doing the activities we enjoy in Alaska. TRAILS offers social and recreational programs such as tai chi, ceramics, downhill skiing, and horseback riding.

Living is more than the necessities... we get to enjoy ourselves too! And a key ingredient in JOY is ATTITUDE.

Do you have an ATTITUDE that promotes JOY?

If you are:



Upcoming 2018 TRAILS Events:

- Downhill Skiing/Snowboarding at Challenge Alaska: Jan 12-14
- Spring Train to Alaska's Heartland: May 4-6
- Horseback Riding in Cooper Landing: Early June (TBA)

Individual with a disability... Are you willing to try new things, get your hands messy, and karate chop barriers that might pop up?

Family member of someone with a disability... Do you find new ways for your family to play together and accept that taking reasonable social and physical risks is a natural human experience?

Service Provider... Are you able to listen to your consumers and tailor fit your services to meet their needs and dreams? Are you a smart and fierce advocate for your consumer's rights to recreate fully?

Business Owner/Recreation provider... Is your business accessible and are your staff trained to support accommodations that your consumer with a disability might need? When in doubt, just ask, "Are there any accommodations you need that will make this a great experience for you?"

Community Member... Are you excited to connect and recreate with others? Do you appreciate diversity, while recognizing if you are doing the same activity, you probably have more in common with your fellow community member with a disability than you might first notice.

If you are reading this, you likely have the right attitude! Share this attitude with others around you and ENJOY!

SHARE your #InclusiveAttitude with us by posting on our Facebook page!

Just title your post #InclusiveAttitude and post your thoughts or story.